

Classes Offered through Botanical Education Foundation

Certification and CEU Courses for Herbs, Essential Oils and Holistic Healthcare

480-296-4699 www.botanicaleducation.blogspot.com to see Class Schedule 2010-2011

Classes are also offered as a “stand alone” class for Self-Improvement or for Continuing Education



Introductory Classes

Introduction to Essential Oils as Botanical Medicine with Quality Factors	2 Hours
Introduction to Botanicals as Herbal Medicine	2 Hours
Organic Gardening and Harvesting	2 Hours
Application Methods of Essential Oils	2 Hours

Passport to the World of Herbs (6 Hours each) 50 Hours

Level 1 Herbalist

Introduction to Botanicals as Herbal Medicine (Complimentary 2 hours))	
Arizona Herb Hike – Herbs of the Southwest Desert	
Medicinal Uses of European Herbs	
India’s Ancient Ayurvedic Herbs in Use Today	
Traditional Chinese Herbs for Medicine	
Western Herbalism - North American Herbs	
Western Herbalism - South American Herbs	
Sea Herbs – Foundations for Health	
Experiential Learning Project	(8 Hours)

The Science and Practice of Botanical Medicine (2.5 Hours each) 50 Hours

Level 2 Certified Herbalist

The Food Pharmacy - Foundations of Minerals and Vitamins for Health	
Kitchen Spices in Your Botanical Medicine Cabinet	
Ethnobotany – Historical Uses of Plants	
Plant Classification and Botanical Names	
Materia Medica – Research and Documentation of Plants for Medicine	
Phytochemistry 1 - Chemistry of Botanical Medicine	
Phytochemistry1 – Chemistry of Botanical Medicine	
Scientific Validation of Botanical Medicine	
Pharmacology of Botanicals	
Toxicity, Contraindications and Safety of Botanicals	
Growing Plants for Medicine – Gardening and Farming	
Wildcrafting - Identifying and Harvesting Plants in the Wild	
Bach Flower Essences	
Experiential Learning Project	(17.5 Hours)
Required Text: Medical Herbalism-The Science & Practice of Herbal Medicine	
David Hoffman (ISBN 0-892-81-749-6	

Medical Herbalism with Anatomy and Physiology	(2.5 Hours each)	50 Hours
Level 3 Certified Advanced Herbalist		
Herbal Choices for Digestive Dysfunctions		
Herbal Approaches to Parasites		
Detoxing with Herbs		
Respiratory System and Breathing Better with Herbs		
Herbal Help for the Nervous System, Stress, Anxiety, Depression		
Urinary System Conditions Using Herbs		
Musculoskeletal Herbs for Pain Relief		
Skin Conditions and Beauty with Herbs		
Herbal Responses to Immune Functions 1 – Illnesses		
Herbal Responses to Immune Functions 2 – Allergies		
Herbal Responses to Immune Function 3 - Answers to Cancers		
Cardiovascular Health Using Herbs		
Reproductive System 1, Herbs for Puberty through Menopause		
Reproductive System 2, Herbs for Pregnancy, Delivery, Infertility		
Endocrine System Herbs for Hormone Function		
Herbal Care for Infants and Children		
Herbal Care for the Elderly		
Experiential Learning Project		(7.5 Hours)
Required Text: Medical Herbalism-The Science & Practice of Herbal Medicine David Hoffman (ISBN 0-892-81-749-6)		
Optional Text: 300 Herbs – Their Indications & Contraindications Matthew Alfs (ISBN 0-961-2964-4-5)		

Passport to the World of Aromatherapy	(6 hours each)	50 Hours
Level 1 Essential Oils		
Introduction to Essential Oils (Complimentary 2 hours)		
Blend Like an Egyptian – Foundations of Essential Oil Therapies		
Artistic Blending with France and European Essential Oils		
Therapeutic Chemistry Blending with Australian Essential Oils		
Perfume Blending Using Notes and the Fragrant Flowers of India		
Spa Blending with California Citrus for Beautiful Skin and Relaxation		
Experiential Learning Project		(20 hours)

Body Systems - Anatomy, Physiology and Essential Oil Therapies	(2 hours each)	50 Hours
Level 2 Certified Aromatherapist (Essential Oils)		
Safety of Essential Oils		
The Integumentary System - Cells and Tissues		
The Skeletal/Muscular System		
The Nervous System		
The Endocrine System		
The Special Senses – Taste, Sight, Sound, Touch, Smell		
The Digestive System		
The Respiratory System		
The Circulatory System		
The Lymphatic System		
The Urinary System		
The Reproductive System		
Chemistry of Essential Oils 1		
Chemistry of Essential Oils 2		

Botany and Botanical Names
Experiential Learning Project

(20 hours)

Quantum Therapies With Essential Oils (2 hours each) 50 Hours

Level 3 Advanced Aromatherapist (Essential Oils)

Quantum Mind Body Plant Connection With Essential Oils (Level 3 Essential Oils 2 hrs)

Quantum Science Below the Atomic Level (Level 3 Essential Oils) (2 hours)

Essential Oils - Molecules of Emotional Health (Level 3 Essential Oils) (2 hours)

Essential Oil Impact on the Biology of Belief (Level 3 Essential) (2 hours)

Healing the Healer/Facilitator

Kinesiology and Muscle Testing Physical Assessment

Reflexology and its Applications to Health Choices

Iridology and its Application to Assessment

Aromatic Integrative Renewal – Chinese Meridians

Chakra Healing with Essential Oils

Rapid Eye Technology and EVOX with Essential Oils

Visualization and Color Therapy using Essential Oils

Distillation of Essential Oils – Hands On Experience

Valuable Hydrosols Created in Essential Oil Distillation

Experiential Learning (AIR, EFT, Color Therapy, RET (22 Hours)

Professional Holistic Aromatherapy and Herbal Responses (2 hours each) 50 hours

Level 4 Certified Holistic Healthcare Professional (CHHP)

Physical Assessment - Your Body is Talking, Are You Listening?

Botanicals as Food, Food as Medicine

Holistic Choices for Digestive Disorders

Holistic Approaches to Parasites

Holistic Detox Approaches

Strengthening Pulmonary Dysfunctions Holistically

Stress, Anxiety, Depression and Holistic Emotional Wellness

Holistic Approaches to Urinary System Conditions

Holistic Approaches to Musculoskeletal Pain Relief

Holistic Approaches to Skin, Hair and Nails Conditions

Holistic Responses to Immune Functions 1 – Illnesses

Holistic Responses to Immune Functions 2 – Allergies

Holistic Responses to Immune Function 3 - Answers to Cancers

Autoimmune Conditions with Holistic Responses

Holistic Cardiovascular Health

Reproductive System 1, Holistic Approach to Puberty through Menopause

Reproductive System 2, Holistic Approaches to Pregnancy, Delivery, Infertility

Holistic Approaches to Endocrine System and Hormone Function

Holistic Care for Infants and Children

Holistic Care for the Elderly

Holistic Answers to Inflammation

Consultation and Treatment Designs Within a Holistic Business

Experiential Learning – Master Project (8 Hours)

Required Text: 300 Herbs, Their Indications & Contraindications - Matthew Alfs (ISBN 0-961-2964-4-5)

A Clinical Aromatherapy and Herbal Business (2 Hours each)	40 Hours
Business Ethics	
Writing a Business Plan	
Setting Up a Business Entity – State and Federal	
Working Within the Laws for Complementary Health	
Financing My Business	
Environment and Location – Home Business or Offsite	
Marketing My Business	
A Business Paperwork Trail – Banking and Accounting	
Forms and Record-Keeping	
Vendors, Sources, and Sales Tax	
Communication, Intake and Assessment Skills	
Protecting our Rights to Use Plants as Medicine	
Experiential Learning – Set Up Your Business During these Classes (16 Hours)	

CERTIFICATIONS OFFERED:

<u>Certified Aromatherapist (CA):</u>	100 Hours
Passport to the World of Aromatherapy (Level 1 Aromatherapist)	
Body Systems – Anatomy, Physiology and Essential Oil Therapies (Certified Aromatherapist)	
<u>Advanced Aromatherapist Practitioner (AAP):</u>	150 Hours
Passport to the World of Aromatherapy (Level 1 Aromatherapist)	
Body Systems – Anatomy, Physiology and Essential Oil Therapies (Certified Aromatherapist)	
Quantum Therapies with Essential Oils (Advanced Aromatherapist)	
<u>Professional Advanced Aromatherapist (PAA):</u>	200 Hours
Passport to the World of Aromatherapy (Level 1 Essential Oils)	
Body Systems: Anatomy, Physiology and Essential Oil Therapies (Certified Aromatherapist)	
Quantum Therapies with Essential Oils (Advanced Aromatherapist)	
Professional Holistic Aromatherapy & Herbal Responses (Professional Aromatherapist)	
<u>Certified Herbalist (CH):</u>	100 Hours
Introduction to Botanicals as Herbal Medicine	
Passport to the World of Herbs (Level 1 Herbalist)	
The Science and Practice of Botanical Medicine (Certified Herbalist)	
<u>Advanced Herbalist Practitioner (AHP):</u>	150 Hours
Introduction to Botanicals as Herbal Medicine	
Passport to the World of Herbs (Level 1 Herbalist)	
The Science and Practice of Botanical Medicine (Certified Herbalist)	
Medical Herbalism with Anatomy and Physiology (Advanced Herbalist)	
<u>Professional Herbalist (CPH):</u>	200 Hours
Introduction to Botanicals as Herbal Medicine	
Passport to the World of Herbs (Level 1 Herbalist)	
The Science and Practice of Botanical Medicine (Certified Herbalist)	
Medical Herbalism with Anatomy and Physiology (Certified Advanced Herbalist)	
Professional Holistic Aromatherapy and Herbal Responses (Certified Professional Herbalist)	

Certified Holistic Healthcare Practitioner (CHHP):

440 Hours

Professional Aromatherapist
Professional Herbalist
A Clinical Aromatherapy and Herbal Business

Special Interests Classes: (Can be used as Experiential Hours) 2 Hours Each

Nutrition and Botanicals
Emotional Wellness for the Holidays
Sacred Healing Oils of the Bible
Pregnancy & Childbirth Made Easier with Essential Oils
Essential Oils for Babies & Children
Date Night - Hormones, Libido, Romance With Essential Oils
Herbal and Essential Oils First Aid Kit
Beauty & Weight Loss with Herbs and Essential Oils
Essential Oils for Massage
Cleaning the Home Naturally With Essential Oils
Organic Gardening
Pandemics Using Herbs and Essential Oils
Harvesting and Using Mesquite Beans in the Desert for Nutrition and Medicine
Essential Oils as Medicine for Dr. Mom

Why Do People Become Certified Aromatherapists (Essential Oils) and/or Certified Herbalists or Certified Holistic Healthcare Practitioners?

- To Create Powerful and Healthy Products for Their Families, Including Cold, Flu, Pain, Chronic Illness, Emotional Imbalance, Weight Loss & Emergency Care Remedies – Knowledge!
- To Teach Aromatherapy Classes to the Public and to Healthcare Professionals
- To Create Safe Products to Market for Home, Health Care & Office Environments
- To Enhance Nursing, Massage, & Counseling Careers
- To Write for Aromatherapy Journals and Websites
- To Consult in Spas, Cruise Ships, Resorts & Upscale Hotels
- To Integrate Essential Oils & Herbs into Existing Health Care Practices & Assist Medical Doctors
- To Open Their Own Spa or Join Existing Natural Health Clinics
- To Teach Aromatherapy at Holistic, Massage and Skin Care Schools
- To Create Natural Perfumes, Skin Care Products, Natural Antibiotic Products, Emotional Wellness Blends, Herbal Extracts, Herbal Teas, Organic Gardening, Distilling Essential Oils, etc.
- To Open Their Own Businesses, Working With Clients, & Distributing Natural Health Products
- **To Attain Powerful Knowledge that is Changing the World for the Good!**

All 2-hour classes are \$25 (includes class manual). All 6-hour classes are \$99 (includes class manual, lunch, all materials for projects). You may buy-in pre-existing experience and classes by application with supporting documents). Contact us at botanicaleducation@gmail.com You can also take a single class / no certification.



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